

# **LORENZO ISD**



## **Athletic/Extracurricular Handbook 2023-2024**

Reviewed by LISD Board of Trustees  
July 17, 2023

### **Lorenzo Hornets Objectives of Athletics/Extracurricular Activities**

1. The primary objective of our program is to develop a sense of responsibility and accountability for all of our athletes. It is our desire to teach our students through competitive athletics that effort and attitude can determine the course of their own lives. We believe that through our program our students can grow into mature, responsible, and healthy citizens that make positive contributions to our society.
2. We want student athletes to learn how to be part of a team and the value of TEAMWORK. As individuals, we are limited, but as a team we can do great things.
3. We want to ensure that each one of our athletes has an opportunity to be successful. We realize not every athlete will have the same level of talent or skill, but every athlete can be praised for his/her work and effort. Every athlete can feel good about himself/herself and his/her role on the team.
4. Lorenzo ISD coaches will work hard to ensure that our athletes enjoy participating. When it's time to work, we will work hard to be the best athlete and player no matter what the sport, but there will also be time for our athletes to have fun.
5. Our program's success will not be measured by WINS or LOSSES, but more importantly by our EFFORT and ATTITUDE.

**This handbook is a statement of Lorenzo ISD's expectations of student athletes and extracurricular activities participants. It does not supersede the Code of Conduct and does not dictate what a coach chooses to do with his/her athletes in certain situations.**

## **CODE OF STUDENT CONDUCT**

The conduct of a student in extracurricular activities should reflect positively on oneself, community, Lorenzo ISD, and the activity in which one is participating. The student who participates in extracurricular activities is a role model for Lorenzo ISD and fellow students and shall set and uphold the highest standards of conduct. Any action that reflects detrimentally to Lorenzo ISD shall not be tolerated.

## **PARTICIPATION IN SCHOOL ACTIVITIES & JURISDICTION**

Participation in school-sponsored extracurricular activities is a privilege. Extracurricular activities regarding this policy include band, athletic programs, cheerleading, literary activities, One Act Play, or any other club or organizations that participate in performance, contests, demonstrations or competitions.

Student participation in extracurricular activities is encouraged. Lorenzo ISD makes extracurricular activities available as an extension of the regular school program, with this important difference: participation in the regular curriculum is a right afforded to each student, while participation in the extracurricular program is a privilege that carries additional expectations for acceptable conduct. Students engaging in extracurricular activities represent not only themselves, but also other students and the school district when performing, competing, or participating in extracurricular activities and while wearing uniforms or other clothing that identifies students to the community or public in any setting as Lorenzo ISD students. For this reason, their behavior must be exemplary and reflect the finest attributes of the total Lorenzo ISD student body at all times and places.

Important goals of the extracurricular program are to give students direction in developing self-discipline, responsibility, pride, loyalty, leadership, teamwork, respect for authority, and healthy living habits.

Because participation in extracurricular activities is a privilege and not a right, Lorenzo ISD is authorized to set higher standards for participants of extracurricular activities than it would for those students who choose not to participate in these activities. Therefore, this Athletic/Extracurricular Handbook extends beyond the *Lorenzo ISD Student Code of Conduct* not only in types of behavior prohibited, but also in corresponding consequences and jurisdiction for imposing discipline. This *Handbook* will be enforced with all students participating in extracurricular activities:

- regardless of whether school is in session;
- depending on the severity and nature of the disciplinary infraction, regardless of whether the offense occurs on or off school property or at a school-related event;
- regardless of whether the student is actively participating in the extracurricular activity at the time the prohibited conduct occurs;
- regardless of whether the extracurricular activity is in-season; and
- depending on the severity and nature of the disciplinary infraction, regardless of where or when the conduct occurs.

It is possible that a student who violates the *Lorenzo ISD Student Code of Conduct* will incur consequences from both the appropriate school administrator and from his or her coach or sponsor for the same particular violation. It is also possible that a student participating in extracurricular activities could violate the *expectations in this handbook* and be subject to discipline by a coach or sponsor without having violated the *Lorenzo ISD Student Code of Conduct*.

## **ACADEMICS**

Athletes are expected to act better in class than non-athletes. If an athlete gets into trouble at school, he/she will also be punished during the athletic period (i.e tardies, class disruptions). An athlete's primary reason for being in school is to get an education. Athletes are expected to be organized, write down assignments, and not put off assignments until the last minute. If an athlete is having difficulty in any class(es), he/she needs to ask a coach for help. Our coaches are all excellent teachers and will help athletes with their work or get the help an athlete needs. If a student misses practice due to a detention after school, then he/she will be required to do a make-up workout and receive a punishment. This punishment can be above and beyond what the school may issue.

### **Zero Hour**

Athletes will be assigned to ZERO HOUR every Monday by each of their teachers if the teacher determines they are in danger of failing. When they are assigned to see that teacher - they will attend zero hour for them that entire week. Teachers will add/remove names every Monday. It will be the responsibility of the student to have their "ACADEMIC ACCOUNTABILITY SHEET" signed each day from the Zero Hour teacher/s and will checked by coaches every day during athletics.

## **ELIGIBILITY**

An athlete must maintain a 70 average in all classes to be eligible for extracurricular activities. In addition, the athlete must have the correct number of credits at the beginning of the school year to be eligible to participate in any activity (refer to UIL Athletic Code Handbook).

If an athlete fails two (2) consecutive grading periods, he/she will be subject to dismissal from the athletic program and thus not be able to participate in the next sport at the Athletic Director's discretion. If a student becomes ineligible due to grades, said athlete **must** attend all home games and practices to support their team. We encourage all athletes to support their teammates. If a student that has failed misses practices, they will be considered unexcused absences.

## **ATTITUDE - WORK HABITS**

An athlete's attitude toward the sport will, many times, determine how successful an athlete will be at that sport. If an athlete works hard, attends practice, and listens when a coach corrects his/her mistakes, then the athlete will enjoy the sport more and have a greater chance of success. No griping or complaining will be tolerated. **Only positive comments are to be yelled in practice or games by players.**

## TEAM CONCEPT

In the Lorenzo ISD Athletic Program, we encourage all athletes to play all sports. It is important for a school of our size to have everyone's participation and not specialize in one or two sports. In whatever sport our athletes decide to participate, we want them to be successful and never be ridiculed by other athletes or coaches. We always give our all for the team on and off the playing field and never show negative emotion. Players should always cheer for other Lorenzo teams and always stay for the entire match, meet, or game. Players should not leave before an event is over even if he/she is done participating. **If an athlete is injured he/she should attend all games and practices.** As a Lorenzo Hornet it is important to be a good fan as well as a good player. The TEAM always comes first and all decisions are to be made for the good of the team. Athletes are not allowed to have more than one offseason during a school year (i.e a student is not allowed to participate in only one sport in a calendar year)

## COACHES

Every coach at Lorenzo ISD is a professional and should be treated as such. They are to be treated with respect. Athletes should address coaches and other adults as ma'am or sir. When a coach is speaking, an athlete should give them their full attention. Players, in return, will be treated as such by each and every coach. If a player disrespects a coach, teacher, administrator, or is in violation of athletic policy, he/she will be disciplined. This discipline may be extra physical work and/or corporal punishment. Corporal punishment will never be used in anger. If the behavior persists on the part of the student athlete, he/she may be removed from the program with discretion from the Athletic Director. It is important for athletes to take constructive criticism from their coaches. Different coaches have different personalities, so each coach may offer criticism in a different manner, but the intent of the criticism is the same; to make the athlete better thus to make their team better. Be a coachable player.

## CHAIN OF COMMAND

If a player or parent has a problem or conflict with a coach, there is a proper chain of command to follow. **First, talk to the coach with whom you have the conflict or problem.** Be respectful, honest, and direct, and you will receive the same treatment in return.

If a player or parent is not satisfied or the problem is not resolved, then go to step two. Talk with the Athletic Director. Again, be honest and respectful and you will receive the same treatment in return. If the parent or player is still not satisfied, then the problem should be addressed with the Principal and then the Superintendent.

***The Lorenzo Athletic Program is designed as follows:***

***Jr. High Sports - All players will participate in contest.***

***High School Athletics - We are playing to win, no playing time is guaranteed. There is no appeal of this rule to the coach, principal, or superintendent (refer to playing time rule).***

## **ATHLETIC CONDITIONING PERIOD**

The athletic conditioning period that is offered in junior high and high school has sports in mind (football, basketball, and track). Hours of preparation have gone into designing this program to make better athletes. The period is set up to help our major team planning of this period to help shape young men and women into successful athletes. Emphasis will be placed on strength, agility, conditioning, and the major sport skills. If a boy/girl wants to participate in football, basketball, or track, he/she must be in the athletic conditioning period during the school day.

If a student wants into the athletic conditioning period he/she is required to ask the appropriate coach for permission for admittance. The Athletic Director has the authority to dismiss or admit any student for the athletic conditioning period.

It is also fine for athletes to participate in football, basketball, or track and still participate in another sport or sports. The only stipulation is that the athlete will go through the athletic conditioning period before going to practice the other sports (cross country, golf, etc..) unless notified by the AD (i.e. golf meet game days). The athletic conditioning period will run according to UIL rules and regulations for the offseason.

Seniors will participate in athletic conditioning period until the last sport in which they participate has concluded. If a schedule change is possible, then they will be allowed out. If not, then the senior will help to coordinate, plan, and help with the athletic conditioning period practices. Their attendance will be required.

Everything in the athletic period is full speed and athletes are expected to hustle from place to place and work hard. All discipline and handbook policies are employed in the athletic conditioning period. Students that have been placed in In-School suspension will miss their athletic period for the day. It is up to the discretion of the Athletic Director to have these students make-up their physical conditioning for the missed period. Students that are placed in In-School suspension will be expected to be at practice for their prospective sport when the school day has ended.

## **ATTENDANCE**

**ABSENCES** - Any practice or athletic conditioning period absence will be made up. It will be treated just like a classroom absence in that a student will make up the work that is missed. The coach in charge or the athletic director will determine the make-up. Excused absences because of

illness (with a doctor's note), a school related function, a death in the family, will be considered legitimate absences and the athlete will make up the work that has been missed. However, with the exception of an illness, athletes must have their coach's approval before any absence occurs. If an athlete is going to miss practice because of a school function, he/she must let the coach know as soon as possible and get the coach's prior approval. If an athlete becomes ill during the day, it is his/her responsibility to notify a coach before going home.

Any absence that is not approved by the athlete's coach before the absence occurred will be considered a deliberate miss and that athlete will be subject to disciplinary action in addition to making up the missed work. If **three (3)** such absences occur during a single athletic season, that athlete may be dismissed from athletics for the remainder of the school year and will not be allowed to participate in the next sport(s). The three absence policy will start over with each change of the next sport in which they participate.

**PROMPTNESS** -Athletes always need to be on time. All athletes will be dressed and ready for the athletic conditioning period/practice in an expeditious manner. Tardiness will result in disciplinary action according to the sport. On trips, **the bus waits on no one**. Excessive tardies will not be tolerated, if a student must be late he/she must contact his/her coach before the athletic period. Students that drive to the field house or gymnasium will do so orderly and within the speed limit. Violators will be punished.

**DOCTOR'S NOTES** - If an athlete comes to athletics with a doctor's note, he/she may be excused from the workout. A parent's note stating a student is ill is acceptable for only **two** consecutive days after which a conference or phone call will be needed between the coach and parent. A note will be required for both days; not one note for both days. This is to prevent students from trying to take advantage of parents and coaches in order to skip practice. If an athlete is too sick to go to school he/she is too sick to participate in or practice an athletic event. If an athlete misses more than half a school day due to illness, the athlete will not participate in practice or play in an athletic event that day. Exceptions: funerals, doctor's/dentist's appointments. In these cases, athletes may participate that day. Athletes are to attend the games and/or meets with the team.

## **INJURY, ILLNESS, & TRAINERS**

If an athlete is sick or injured, he/she is expected to be at practice. Lorenzo's coaches are well enough trained to see if an athlete is too sick. If a student athlete is showing signs or symptoms of being sick and cannot stay, the head coach will make the call of sending the student home. Otherwise, students are expected to stay at practice and take mental reps.

If an athlete is injured, he/she should **report the injury to the coach and then see the trainer, if needed**. The trainer and coach will review all athletic injuries before the athlete is considered ready to participate. An injury needs to be reported to a coach as soon as possible and prior to the scheduled practice so that the injury can be assessed and treated so that practice time will not be

wasted. If an injury or illness requires a doctor's visit, the athlete should notify their coach prior to going to a doctor, unless it is an emergency. A note from the doctor is required. The note should explain the injury or illness and tell the coaches how long the athlete will be held out of participation.

If certain treatment is necessary for an injury, the coaches and trainer will see to it that the treatment is adhered to at the appropriate time. The doctor's orders will be followed to the letter and the athlete will only participate after being released by the doctor. All doctor's notes will be kept on file.

The athletic insurance provided by the school is **supplemental**. It only pays after a student's primary insurance has paid unless the student has no insurance. **To provide as much support as possible from the student insurance, the athlete should be referred to doctors included in the program. This referral should come from the Coordinator or the trainer. To do otherwise could jeopardize insurance coverage provided by the district.**

The athletic trainer is only to be used to address athletic injuries. The trainer needs to be treated with the same respect as you would a coach or teacher. The training room is only to be used for treating athletic injuries. The training room is not to be used as a gathering or social room. If an athlete is not injured he/she should not be in the training room. **DO NOT SEND YOUR CHILD TO THE DOCTOR FOR A SPORTS RELATED INJURY. LORENZO IS FORTUNATE ENOUGH TO HAVE A TRAINER ON RETAINER. ATHLETES THAT ARE EXPERIENCING INJURY MUST USE THE DISCRETION OF THE TRAINER FOR WHETHER OR NOT AN ATHLETE NEEDS TO GO TO THE DOCTOR.**

## **LOCKER ROOM**

Athletes will spend a lot of time in the locker rooms so it is important to know what is expected of our athletes in the locker room. The locker room is to be treated with respect and pride to be taken in its appearance. No trash talk of any kind will be tolerated on the floor of the locker room. All dirty gear needing to be washed will be placed in the designated area and not on the floor unless otherwise noted. All lockers are to be neat and clean according to the standards set by the coaching staff. Lockers should be kept locked at all times to prevent possible theft issues. The coaching staff can only do so much to prevent theft from taking place. Athletes should not leave valuables unattended but should instead be kept secured in the lockers. No horseplay will be tolerated in the locker room. If any of these locker room rules are not followed, disciplinary measures may be used according to the coach's discretion.

The locker room is considered a private place where problems can be addressed. Athletes are expected to keep all conversations that take place in the locker room to themselves. Following this procedure helps prevent rumors and future problems.

## **EQUIPMENT & UNIFORMS**



Lorenzo ISD will issue the proper equipment for each sport. The athlete will be held responsible for his/her own equipment. Equipment that is lost or stolen will be paid for by the athlete to whom the equipment was issued. Any athlete caught in the equipment room or borrowing another athlete's equipment will be subject to disciplinary action. Any athlete who is caught stealing from another athlete will automatically be suspended from athletics. An athlete will not be allowed to participate in another sport until his/her equipment record is cleared from the previous sport. Issued workout equipment is to be worn at all practices at all times. Disciplinary action will take place if required workout equipment is not used by all athletes. No equipment is to be taken home without prior consent from the coach(es).

Uniforms are never to be taken home and always are to be turned in after each game to be cleaned. Everyone will wear his/her uniform in the same manner - no one will dress differently. Dress on game days will be uniform with all other players according to the coach's decision for travel apparel. No sandals, slides, flip flops, or hats will be worn to games, home or away. All uniforms and workout equipment will be washed by the coaches or managers at the appointed times.

Failure to turn in items for washing will result in disciplinary measures.

All equipment is to be checked out and checked back in by a coach. It is the athlete's responsibility to keep up with and care for his/her equipment.

## **REQUIRED FORMS for PARTICIPATION**

All athletes are required to pass a physical examination before participating in any athletic activity for the upcoming year. Also, any student who has been injured the previous year, must pass a physical for the upcoming year. In addition to a medical examination form, all athletes must have a completed Medical History form, Acknowledgement of Rules form, Concussion Management form, Steroids Awareness form, Cardiac Arrest form, and the Agreement to the Lorenzo ISD Athletic Handbook Terms located in the back of this handbook. All of these documents require a parent/guardian signature. The district will no longer provide physicals for athletes.

## **INSURANCE**

All athletes that are injured during participation in a school related event or practice are covered by the school insurance policy. The insurance policy is **supplemental**. This means parents are responsible for any additional expenses after all insurance policies have been paid and exercised. If the student has no other insurance coverage, the district policy will act as the primary policy. School insurance is only used when needed and requires the approval of the athletic director and proper administration. The trainer will suggest what injuries need medical attention and approval of the athletic director is required before seeing a doctor using school insurance. Parents who take their children to see a private physician without notifying the appropriate coaches and school officials may forfeit the right to use the school insurance.

## **SCHEDULING CONFLICTS**

Conflicts may arise in which an athlete will be participating in more than one activity at once. These conflicts are handled using the following rule: A district contest will always take precedence over a non-district contest and a district contest always takes precedence over a field trip or any other school related function. The athletic department will do everything to avoid conflicts of any kind between sports or other school sponsored programs.

## **LETTERING AWARD REQUIREMENTS**

All athletes that meet the following requirements for each sport will receive a letter for that sport. The first letter earned will be included with the letterman's jacket as allowed by the UIL. To receive a varsity letter the following requirements are given:

**FOOTBALL** - Member of the varsity in at least half of all varsity contests and must participate in half of all games.

**BASKETBALL** - Member of the varsity in at least half of all contests and must participate in half of all games.

**TRACK** - Participation as a varsity member all season and score a point at the District meet.

**CROSS COUNTRY** – Advance to Regional or participation as a Varsity member at the district meet for 2 seasons.

**TENNIS** – Advance to Regional competition or participation as a varsity member at the district meet for 2 seasons.

**GOLF** – Advance to Regional competition or participation as a varsity member at the district meet for 2 seasons.

**CHEER** – Finish the year as a Varsity Cheerleader in good standing.

An athlete who does not meet requirements for letter jackets, may be awarded a varsity letter at the discretion of the head coach subject to approval of the Athletic Director. Anyone who quits a sport is automatically ineligible to letter in that sport for that year. An athlete who gets injured before meeting the requirements to letter will be taken into consideration for a varsity letter. Letterman jackets will be ordered prior to an athlete's senior year.

## **PLAYING TIME**

Any student that wants to play a sport will be allowed to do so as long as he/she has met the requirements of the athletic policy and has the approval to participate from the Athletic Director and the head coach of that sport. *This means that a student has to get prior approval of the Athletic Director and the head coach before signing up for the athletic conditioning period.* Just because a student is a senior does not mean he/she will be placed on the varsity team.

This goes for all sports and pertains mostly to those students that skip playing a sport during the freshman-junior years.

Junior high teams are designed to let all team members participate in all contests and games. Varsity and JV teams are not designed to play all players in a contest. Teams will play to win at this level, and playing time will be at the discretion of the coach in charge. The Coaches will handle all concerns dealing with playing time. It is the philosophy of the athletic program to promote the team above the individual. **Athletes will know their role on each team and accept it.**

## **DRESS CODE & GROOMING**

**DRESS CODE FOR SCHOOL** - All athletes will adhere to the approved high school/junior high school dress code. There are more requirements asked of Lorenzo athletes than are stated in the LISD dress code since more is expected of Lorenzo Athletes. No disruptive behavior or vulgar apparel will be tolerated in school. The Athletic Director reserves the right to ask an athlete to change his/her apparel due to it being found inappropriate. No “sagging” pants or caps will be worn at school. Bandannas are also not to be worn by athletes at school.

**DRESS FOR PRACTICE** - All athletes will wear the equipment issued to them by the school. No “sagging” shorts or pants will be allowed. All athletes will wear the equipment in the same way, doing nothing to bring attention to an individual. Athletes are to look and act as a team.

**JEWELRY** - No jewelry of any kind is to be worn by female or male athletes at practices, games in which they are participating , or during athletic conditioning periods.

Male athletes will not be permitted to wear earrings while participating in a Lorenzo ISD athletic event; i.e. playing in any game, running, traveling as a team and manager for a team at an event.

**TATTOOS** - Tattoos are not to be in view at any time during the school day or at any athletic or school related function. If an athlete has a tattoo it must be covered with athletic tape or undergarments until the athlete is released from school or athletic related activities.

**HAIR** - Male athletes will keep their hair cut so that it is out of their eyes and above their collar. It is a safety issue for males to keep their hair cut short and neat (i.e. football helmets need to be fitted). Male athletes will not wear their hair in any kind of pony tail. No facial hair will be allowed at any time. Female athletes should not wear a hairstyle that covers their eyes. The coach and Athletic Director will review any hairstyle that brings undue attention to an athlete. Any violation of the dress code or grooming code is grounds for disciplinary action.

## **TRAVEL**

Coaches are to submit a detailed itinerary to the Athletic Director and Superintendent of plans for any overnight trips involving LISD athletes/coaches. This itinerary is to be adhered to as closely as possible. Athletes should be on their best behavior when on school sponsored trips. It is expected for the team to sit together before an event or game and not break off into groups. Behavior in restaurants and on vehicles going to and returning from events should be quiet and

respectful. Students who participate in school-sponsored trips will be required to ride in transportation provided by the school to and from the events. In extreme cases, exceptions may be made if the student's parent or guardian personally requests that the student be allowed to ride with the parent or presents a written request to the coach in charge prior to the event. The student is allowed to ride with an adult age 21 or older, designated by the parent. Lorenzo ISD will not be liable for any injuries that may occur in students riding in vehicles that are not provided by the district.

All locker rooms and buses or vehicles used for events are to be left clean and in good condition. Any violations of travel behavior rules will result in disciplinary action.

## **FOUL LANGUAGE**

Foul language or profanity of any kind will not be tolerated. Profanity is grounds for immediate disciplinary action and, in an incident where profanity is directed toward someone, dismissal from the sport or even athletics totally. Athletes that curse or are inappropriate in the classroom or at an event where they are representing Lorenzo will do pushups per word. Athletes that refuse to do the punishment will be reprimanded by loss of playing time, suspension, and/or expulsion from the program.

## **SOCIAL MEDIA**

Athletes will not say anything negative about other athletes, coaches, parents, teachers, administrators, or the school on any social media platform. Failure to follow this rule will result in automatic expulsion from the program.

## **UNSPORTSMANLIKE CONDUCT/DISRESPECT**

Unsportsmanlike conduct and disrespect by any Lorenzo ISD athlete will not be tolerated. Any athlete who is penalized for unsportsmanlike behavior or disrespect of any game official, adult, or player (opponent or teammate) will be disciplined. The discipline will be determined by the coach.

## **QUITTING/DISMISSAL**

Quitting a team is discouraged at Lorenzo ISD. Also, Dismissal from a team is considered a serious action. The Lorenzo Athletic Department does want to encourage students to try activities they are unsure of. To allow this, each season begins with a two week grace period in which a student can try a sport, and move on without consequence if they choose.

If an athlete quits a sport he/she will have an initial 48 hour grace period to return. If the student decides not to quit, the athlete will have to do the makeup conditioning from the missed practices.

Athletes that quit a sport will be suspended from the upcoming season (i.e. If an athlete quits football, that student will not be allowed to play basketball in the upcoming season.) There are no exceptions to this rule.

Athletes that are dismissed from a team due to disrespect to coaches, fighting, or any other offense that results in dismissal from a team will be allowed to stay in athletics with consequences before being able to compete in the next season. Participation will be determined at the discretion of the Athletic Coordinators. Determining factors will include grades, past conduct, attitude (past/present), and failed drug tests.

**IF SENT TO DAEP:** Athletes that break the Student Code of Conduct and are sent to DAEP will have the same amount of school days of suspension from athletic competition as the DAEP punishment assignment. (i.e. If an athlete goes to DAEP for 30 days, that student will also be suspended from athletic competition for 30 school days when he/she gets back.) The athlete will be required to go to practices and conditioning. If the athlete does not wish to finish out the season due to suspension, that is the same as quitting, which results in suspension from the upcoming season.

**It is the philosophy of this program to teach kids to finish what they start no matter the circumstances.**

## **Drug Testing Program**

To ensure the health and safety of our student athletes and others who participate in extracurricular activities, we have implemented a random drug testing program. At the time your child expresses an interest in participation in an activity subject to the drug-testing program, you and your child will receive complete information about the program, which is a requirement for participation in affected activities. Please contact the school principal if you would like more information about this program or see policy FNF (LOCAL).

### **MANDATORY DRUG TESTING PROGRAM**

The District requires drug testing of any student in grades 6-12 who chooses to participate in school-sponsored extracurricular activities. School-sponsored extracurricular activities for which testing is required include football, cross-country, basketball, track and field, golf, and cheerleading. A student participating in these activities will be tested for the presence of illegal drugs and alcohol at the beginning of each school year, and prior to joining an extracurricular program at any time during the school year. In addition, students will be randomly tested throughout the school year.

#### **PURPOSE/OBJECTIVES**

The purposes of the drug-testing program are:

1. To prevent illegal drug and alcohol abuse.
2. To educate students on the serious physical, mental, and emotional harm caused by illegal drug and alcohol abuse.
3. To alert students with possible substance abuse problems to the potential harms of illegal drug and alcohol abuse.

4. To strive for an environment within the district free of illegal drug and alcohol use and abuse.
5. To prevent injury, illness, and harm as a result of illegal drug or alcohol abuse.
6. To give students a valid reason to resist peer pressure to use illegal drugs or alcohol.

### **DISTRIBUTION OF POLICY**

The District will provide each parent and student a copy of the drug-testing policy, procedures, and consent form prior to the student's participation in an affected activity.

### **CONSENT**

Before a student is eligible to participate in extracurricular activities the student will be required annually to sign a consent form agreeing to be subject to the rules and procedures of the drug-testing program. If the student is under the age of 18, the student's parent or guardian will also sign a consent form. If appropriate consent is not given, the student will not be allowed to participate in extracurricular activities.

### **USE OF RESULTS**

Drug-testing results will be used only to determine eligibility for participation in extracurricular activities. Positive drug test results will not be used to impose disciplinary sanctions or academic penalties. Nevertheless, nothing in this policy will limit or affect the application of state law, local policy, or the Student Code of Conduct. A student who commits a disciplinary offense will be subject to consequences in accordance with the Student Code of Conduct.

### **CONFIDENTIALITY**

Drug-testing results will be confidential and will be disclosed only to the student, the student's parents, and designated District officials who need the information to administer the drug-testing program. Drug-testing results will not be maintained with a student's academic record. Results will not be otherwise disclosed except as required by law.

The Board will contract with a certified drug-testing laboratory to conduct testing of students' biological samples. Testing laboratories will not release statistics regarding the rate of positive drug tests to any person or organization without consent of the District.

### **SUBSTANCES SUBJECT OF DRUG/ALCOHOL TESTING**

Lorenzo ISD shall not test for medical conditions under this policy. Drug testing may screen for any illegal drugs that the district, in its discretion, may choose, including, but not limited to, the following:

1. Marijuana, cocaine, narcotics, amphetamines, methamphetamines, barbiturates, LSD, PCP;
2. All illegal performance enhancing drugs (i.e. PED's, steroids); and
3. Alcohol

\* The term "illegal drug" means all drugs that an individual may not buy, use, sell, or distribute under Federal or Texas law including prescription drugs for which a student does not have a current prescription. Lorenzo ISD will determine which drugs it will screen for prior to identifying the students that are to be tested.

### **COLLECTION PROCEDURES**

Personnel from the drug-testing laboratory will collect urine, hair, or biological samples under conditions that are no more intrusive than the conditions experienced in a public restroom. When

selected for testing, a student will be escorted to the school's testing site by a District employee and will remain under employee supervision by an employee of the same sex until the student provides the required sample.

### **RANDOM TESTING**

Random tests will be conducted on as many as 6 dates throughout the school year. No less than 25 percent and no more than 50 percent of the students participating in the program will be randomly selected for each random test date. The drug-testing laboratory will use a random selection method to identify students chosen for random testing. Students will not receive prior notice of the test-ing date or time.

### **REFUSAL TO TEST OR TAMPERING**

A student who refuses to be tested when selected or who is determined to have tampered with a sample will be deemed to have a positive test result and will be subject to the appropriate consequences depending on previous positive test results, if any. If a student is absent on the day of the random test, a sample will be collected on the next random testing date.

### **CONFIRMATION OF POSITIVE RESULTS**

An initial positive test will be deemed positive. The district will not send the sample for a second test. The parent or guardian of the student may take the student **ON THE SAME DAY** of initial testing for a second test. The second test will not be paid for by the school district. The test results, if different from the initial test, must be presented to the Athletic Director or appropriate administrator for the continuation of the student evaluation. All information will be taken into consideration.

Upon receiving the results of a positive drug test, the District will schedule a meeting with the student, the student's parent if the student is under the age of 18, and the coach or sponsor of the extracurricular activity, as applicable, to review the test results and discuss consequences. The student or parent will have 3 school days following the meeting to provide a medical explanation for a positive result.

### **RETESTING**

If the student wishes to return to participation in extracurricular activities after any applicable consequences, the student must be retested at the end of the period of suspension and have a negative test result. Following that, the student will be retested on the next 3 random test dates so long as the student wishes to participate in extracurricular activities.

### **DRUG ABUSE PREVENTION**

The District will notify the parent and student of drug and alcohol abuse prevention resources available in the area.

### **REASONABLE SUSPICION**

Any student that is showing abnormal behavior deemed by teachers, coaches, or administrators will be given a drug test.

## **CONSEQUENCES**

Consequences of positive test results will be cumulative through the student's enrollment in middle school and will begin anew for high school.

### **FIRST OFFENSE**

Upon a first offense of receiving a confirmed positive drug test, a student will be suspended from any extracurricular activity for 30 school days following the date the student and parent are notified of the test results. During the period of suspension, the student will be required to participate in practices. **After the first time any participant tests positive, he/she will be removed from the random testing pool and will be tested on each subsequent drug testing for the remainder of the school year.**

### **SECOND OFFENSE**

Upon a second offense of receiving a confirmed positive drug test, a student will be suspended from any extracurricular activity for 60 school days following the date the student and parent are notified of the test results. During the period of suspension, the student **may not** be permitted to participate in practices.

Students will be required to seek out a Drug and Alcohol Abuse Program and submit signed attendance forms to the administration for the duration of the program.

### **THIRD OFFENSE**

Upon a third offense of receiving a confirmed positive drug test, a student will be suspended from participation in any extracurricular activity indefinitely. Student/s will be required to continue Drug and Alcohol Abuse Program and attend with their parent or guardian and submit signed attendance forms to the administration for the duration of the program. Student evaluation will determine if the athlete can come back after a calendar year.

### **END OF SEMESTER SUSPENSIONS**

If a student's suspension from participation in extracurricular activities is not completed by the end of the semester, the student will complete the assigned period of suspension during the following semester or during the first semester of the following school year.

**APPEALS** - A student or parent may appeal a decision made under this policy in accordance with FNG(LOCAL). The student will be ineligible for participation in extracurricular activities while the appeal is pending.

### **Alcohol Use**

Athletes should not drink alcohol. Besides being a detriment to athletic performance, it is illegal. If it is confirmed that an athlete was drinking alcohol, the following sanctions will be:

1st Offense - Bear Crawl a Snake on the Football Field.

2nd Offense - Bear Crawl two Snakes on the Football Field.

3rd Offense - Removal from Athletics.

### ***Additional Information***



For further information, see POLICY FNF (LOCAL) or call Kayla Morrison, Superintendent, at 806-634-5591.

## **FELONY CRIMES**

If an athlete is charged by indictment, information, or other official procedure justifying the issuance of an arrest warrant, and the nature of the alleged offense of the circumstances surrounding the alleged offense are such that the athlete's public participation in an athletic event of the school would likely be disruptive of the educational or athletic system, or the knowledge of the alleged offense in the school or community of a competing athletic team is such that the athlete's participation in an event reasonably might cause or result in disorder, then the athlete will be subject to immediate suspension from participation in any such athletic event, including the practice for such events.

## **Program Coordinators**

The athletic handbook will be followed as closely as possible and any problem or situation that may arise and is NOT covered in the handbook will be addressed by the appropriate coordinator. The Student Code of Conduct will always take precedence in any event/issue that is prohibited conduct.

**DISCIPLINARY ACTION** -Any athlete that does not comply with disciplinary action may be dismissed from the athletic program.

## **Student & Parent/Guardian Acknowledgment**

As a prerequisite to participation in athletic activities at Lorenzo ISD, I agree that I have read, understood and will abide by all rules set forth in the Lorenzo ISD Athletic Handbook and the LISD Code of Conduct.

Student's Printed Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Signature of Student \_\_\_\_\_

Date \_\_\_\_\_

Parent Printed name \_\_\_\_\_

Signature of parent or guardian \_\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell/Home Phone \_\_\_\_\_

Return this form to your coach.